



DINNER MENU

*Welcome back to La Villa Trattoria,
where old and new friends are enjoying the fine cuisine
of Chef Michael Sornatale ~
along with excellent wines ~ in a warm, friendly atmosphere.*

*A native of the Puglia region of southern Italy,
Mike has returned to the site of
the original La Villa with an exciting new menu
that combines the finest and freshest ingredients ~
including free range and organic foods,
heart healthy and low fat recipes, as well as
special dishes prepared upon request.*

LA VILLA TRATTORIA
3 Bay Street, Westport, Connecticut 06880
Phone 203 557-4810 • Fax 203 557-4809

ANTIPASTI

Carpaccio di Tonno

*Thinly sliced tuna with arugula
and shaved Tuscan cheese*

\$13.95

Calamari Fritti o alla Griglia

Fried or grilled calamari

\$10.95

Cozze Saltate

*PEI mussels with marinara
or white wine sauce*

\$9.95

♥ *Melanzane alla Parmigiana*

Eggplant parmigiana

\$8.95

♥ *Melanzane Ripiene*

*Stuffed eggplant with ricotta,
spinach and mozzarella cheese
with tomato sauce*

\$9.95

Pesce Misto

Baked clams, mussels and shrimp

\$12.95

Mozzarella Fresca

*Served with sliced tomatoes and
roasted peppers on a bed of arugula*

\$9.95

Salsiccia di Cinghiale Selvaggio

*Grilled wild boar sausage served
with cannellini beans and
cherry tomatoes*

\$11.95

Clams

Half-shell, Oreganato, or Posillipo

\$8.95

\$8.95

\$12.95

Shrimp Cocktail

\$10.95

Insalata Marinara

Mixed seafood salad

\$10.95

Peperoni Arrostiti con Alici

Roasted peppers with anchovies

\$9.95

Funghi Ripieni

*Mushroom caps filled with
sausage stuffing*

\$9.95

♥ *Broccoli Bruciati*

Charred broccoli

\$8.95

INSALATE

♥ *Insalata della Casa*

Mixed house salad
\$7.95

Insalata di Cesare

Caesar salad
\$7.95

♥ *Insalata di Carciofi Saltati*

Artichoke salad
\$8.95

Insalata di Arugula e Pere

*Arugula salad topped with pears
and Tuscan cheese*
\$8.95

Insalata Speciale

*Romaine salad, tomatoes, cucumbers,
croutons, shaved cheese, Gaeta olives,
smoked salmon, and shrimp*
\$10.95

Insalata della Villa

*Chopped arugula, endive, radicchio,
artichokes, tomatoes, cucumbers,
and soft provolone cheese,
in a delicious house dressing*
\$8.95

ZUPPE

♥ *Pasta e Fagioli alla Elyssa*

Pasta and cannellini beans
\$7.95

♥ *Zuppa dell'Ortolano*

Mixed vegetable soup
\$7.95

Stracciatella

Chicken, egg and spinach soup
\$7.95

Minestra

Escarole, sausage, and bean soup
\$7.95



CARNI

Scaloppine alla Sarda

Veal scaloppini with onions and capers in a lemon sauce

\$23.95

Scaloppine alla Sorrentino

Veal scaloppini topped with eggplant, prosciutto, and fontina cheese in a white wine sauce

\$23.95

Scaloppine di Filetto al Pepe

Filet mignon scaloppine with brandy and green peppercorns in a cream sauce

\$29.95

Scaloppine alla Villa

Veal scaloppini with artichoke and asparagus in a light creamy white wine sauce

\$23.95

Scaloppine al Marsala

Veal with wild mushrooms in a brown sauce

\$23.95

Scaloppine Saltimbocca

Veal topped with prosciutto and sage in a brown sauce

\$23.95

Scaloppine alla Parmigiana

Veal parmigiana

\$22.95

Nodino di Vitello Capricciosa

Veal chop breaded and topped with arugula, red onions, and cherry

tomatoes in a delightful balsamic olive oil dressing

\$29.95

Nodino di Vitello Campagnola

Grilled veal chop topped with sautéed onions, peppers, and garlic

\$31.95

Bistecca alla Griglia

Grilled shell steak topped with portobello mushrooms

\$24.95

Cotoletta di Maiale Napoletana

Pork chop sautéed with onion-roasted peppers in a balsamic sauce

\$23.95

Cotolette di Agnello ai Funghi

Lamb chops sautéed with brandy portobello mushrooms

\$26.95

Pollo Scottadito

Cornish hen sautéed in a rosemary-garlic olive oil

\$21.95

Pollo alla Parmigiana alla Jennifer

Boneless chicken parmigiana

\$18.95

Pollo alla Boscaiola

Chicken topped with prosciutto, mozzarella, and mushrooms with marsala sauce

\$19.95

PASTE

Penne Campagnola

*Served with Bolognese sauce, cream,
porcini mushrooms, and
parmigiano reggiano*
\$17.95

♥ *Spaghetti alle Vongole*

*White or red sauce with cherry
tomato and white wine*
\$17.95

Penne Mare e Terra

*With mussels, mushrooms, arugula,
and sausage, in a light tomato sauce*
\$16.95

Tagliatelle della Nonna

Nonna's old Bolognese sauce
\$15.95

Paglia e Fieno alla Crema

*Served with peas and prosciutto
in a cream sauce*
\$16.95

Ravioli del Giorno

Homemade ravioli of the day
\$14.95

Rigatoni ai Funghi e Polpette

*Rigatoni with mushrooms and small
meatball in a tomato sauce*
\$17.95

Risotto del Pescatore

*Rice with calamari, shrimp,
mussels, clams, and lobster meat
in a light tomato sauce*
\$20.95

♥ *Lasagna*

The real Italian meat lasagna
\$15.95

♥ *Spaghetti alla Chitarra*

*Homemade spaghetti with Gaeta
olives, roasted peppers and
onions in a red sauce*
\$16.95

♥ *Linguini alla Myra*

*Served with cherry tomatoes,
garlic, clams, and arugula
and topped with shrimp*
\$17.95

Spaghetti alla Amatriciana

*Includes wine pancetta, onions, and
reggiano cheese in a tomato sauce*
\$16.95

Gnocchi di Patate

*Potato gnocchi with Bolognese sauce
or pomodoro or mixed vegetables*
\$14.95

Baked Ziti

\$14.95

PESCE

♥ *Salmone alla Phyllis*

Grilled salmon served on a bed of sautéed spinach
\$23.95

Salmone agli Asparagi

Broiled salmon topped with asparagus and melted fresh mozzarella
\$24.95

♥ *Dentice alla Barese*

Baked red snapper with Gaeta olives and capers in a white wine sauce
\$25.95

♥ *Sogliola ai Pinoli*

Sole with arugula and pignoli nuts in a white wine sauce
\$22.95

Cappe Sante e Gamberoni Livornese

Scallops and shrimp, cooked with olives, onions, and tomatoes in a white wine sauce
\$25.95

Pesce Misto della Casa

Clams, mussels, scallops and Langostino shrimp sautéed with garlic marinara sauce
\$25.95

Langostino Scampi

Baked Langostino shrimp
\$28.95

Branzino al Bianchetto

Branzino with celery, onion, carrots, and potatoes cooked in a light vegetable stock
\$26.95

If you have any special request, please feel free to ask.

Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness.

Be sure to inform us of any allergies that you may have so we can alter your order to your liking.

♥ *Heart Healthy*