



LUNCH MENU

*Welcome back to La Villa Trattoria,
where old and new friends are enjoying the fine cuisine
of Chef Michael Sornatale ~
along with excellent wines ~ in a warm, friendly atmosphere.*

*A native of the Puglia region of southern Italy,
Mike has returned to the site of
the original La Villa with an exciting new menu
that combines the finest and freshest ingredients ~
including free range and organic foods,
heart healthy and low fat recipes, as well as
special dishes prepared upon request.*

LA VILLA TRATTORIA
3 Bay Street, Westport, Connecticut 06880
Phone 203 557-4810 • Fax 203 557-4809

PASTE ♦ PESCE ♦ CARNE ♦ POLLO

♥ *Lasagna*

Meat lasagna
\$11.95

Tagliatelle alla Bolognese

With meat sauce
\$11.95

Penne alla Salsiccia

*With sausage and cannellini beans
in a light tomato sauce*
\$12.95

Spaghetti con Broccoli Rabe

*With broccoli rabe in olive oil
and garlic sauce*
\$12.95

Pollo e Salsiccia Scarpariello

*Chicken and sausage with hot cherry
peppers in a white wine sauce*
\$14.95

Pollo alla Sorrentino

*Chicken scaloppini topped with
eggplant, prosciutto and mozzarella
in a brown sauce*
\$14.95

Pollo o Gamberi Parma

Chicken or shrimp parmigiana
\$13.95

Scaloppine Piccata

*Veal with capers and onions
in a lemon sauce*
\$15.95

Scaloppine Marsala

*Veal with mushrooms in a
brown marsala sauce*
\$15.95

Sogliola alla Pizzaiola

*Sole sautéed with capers and Gaeta
olives, in a delicious marinara sauce*
\$15.95

Sogliola alla Arugula

*Sole with cherry tomatoes and pignoli
nuts, topped with arugula in a white
wine sauce*
\$15.95

Monkfish Fra Diavolo

Monkfish with a spicy marinara sauce
\$15.95

ANTIPASTI

Mozzarella Fresca

*Served with sliced tomatoes and
roasted peppers in a bed of arugula*
\$7.95

Calamari Fritti

Fried calamari
\$7.95

Zucchini Fritti

Fried zucchini
\$6.95

Bruschetta

*Toasted Italian bread topped with
fresh tomatoes, basil, and oregano*
\$6.95

Vongole Oreganato

Baked clams
\$7.95

Antipasto Italiano

*Mixed dry salami, chunk reggiano
cheese, Gaeta olives, and
fresh mozzarella*
\$9.95

Cozze in Padella

*P.E.I. Mussels in a white or
red marinara sauce*
\$7.95

INSALATE

Arugula Salad

\$5.95

La Villa Salad

*Romaine lettuce with tomatoes,
cucumbers, Gaeta olives, croutons, shaved
cheese, smoked salmon, and shrimp*
\$10.95

Insalate della Casa

House salad
\$5.95

Insalata di Cesare

Caesar salad
\$6.95

ZUPPE

Pasta e Fagioli

Pasta and cannellini beans
\$6.95

Minestrone

Mixed vegetables
\$5.95

Tortellini in Brodo

Meat tortellini soup
\$5.95

Minestra

Escarole, sausage and bean soup
\$6.95

WRAPS

Wrap con Vegetali
Mixed grilled vegetables
\$7.95

Wrap Della Villa
Lettuce, tomatoes, chicken,
and fresh mozzarella
\$7.95

Wrap ai Gamberoni
Caesar salad with grilled shrimp
\$8.95

Wrap con Insalata di Pollo
Chicken salad, lettuce and tomatoes
\$7.95

PANINI

♥ *Panini Alla Mozzarella*
Includes roasted peppers, fresh
mozzarella, tomatoes, and balsamic
vinaigrette dressing
\$7.95

♥ *Panini Pugliese*
Prosciutto, provolone, mozzarella,
tomatoes, and broccoli rabe
\$8.95

♥ *Panini ai Funghi*
Portobello mushrooms, mozzarella,
and tomatoes
\$8.95

♥ *Panini ai Gamberoni*
Grilled shrimp, tomatoes, and mozzarella
in a spicy mayonnaise sauce
\$8.95

♥ *Panini alla Pizzaiola*
Steak with capers and mozzarella
in a red sauce
\$8.95

If you have any special request, please feel free to ask.

*Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness.
Be sure to inform us of any allergies that you may have so we can alter your order to your liking.*

♥ *Heart Healthy*